

# Shanti-Chi

presents

# Nne Agwu

Storytelling Family Retreat 25th to 29th July 2022



WINNIE MANDELA  
1936-2018

*“I’m not sorry.  
I will never be sorry.  
I would do everything  
I did again,  
if I had to.  
Everything.”*

Nomzamo Winnie Zanyiwe Madikizela Mandela

# Ndewonu - Welcome

Shanti-Chi established as a grass roots organisation embedded in the community, inspires visions with the oral traditions of storytelling; to create safe village style spaces on the land, acknowledging and celebrating our djeli storytellers who with their words create ritual and bring healing to our community. We trust in the energy of mother-nature and her ability to enhance well-being and self-esteem. Shanti-Chi produced the first storytelling village celebration in 2010 in Oxleas Woods called **Story Ritual**, then became **Sesa Wo Suban** (Ewe for *transform your life*) and now known as **Nne Agwu** (Igbo for *Mother of Divine Nation*).

In recent years, the festival has been dedicated to a community ancestor who played a significant role on the world stage promoting the values and ideology of the Nne Agwu village. This year we honour Nomzamo Winifred Zanyiwe Madikezela Mandela, a spiritual warrior, Mother of the people, leader of the nation with an indomitable resilient powerful purpose filled soul. During the Nne Agwu 2022, all the facilitators / artists will give her reverence and honour by designing a delivery their workshops / performances around related themes freedom, resilience and liberation. This is important powerful work. In an interview Winnie was asked How would you describe yourself and she replied, “No Sophie, how on earth does one describe oneself. I leave that to my people. I have never been that vain, in fact you know that, over the years I have told you over and over again. It has never been about me the person. I have never regarded myself as an individual. I am part of this whole liberation machine. I have never been an individual, so I can’t describe myself outside of the collective. I belong to the collective, The African Congress prides itself in the collectivity of the leadership of ANC. I have never been a position to say I, I always talk about us as we, because, I am just part of the whole” The humble words of greatness!



# El-djeli Chinyere

From a lineage of Djeli's, Dibias & Mystics, I am guided by my ancestors through this work to bring messages, tell tales, guard ancient mysteries, keep the integrity of our culture alive and hold sacred space for divine expression. At the age of 10 in my mothers village in Umuahia, Abia state, my community embraced me and activated my first eye. Spirit guides me in mysterious and wonderful ways to generate that feeling of community wherever I wander. To divine a space for our community spirits to dance, sing & hug.

The purpose of creating the Nne Agwu sacred space in Britain, is to inspire and encourage the melanin rich to travel as a community to the Motherland and reclaim our sovereignty, connectivity, freedom, liberation, stories and birthright. Let us release ourselves from the bondage of death in comfort zone and replace it with the embrace of village life where the spirit is our guiding light enabling us to fulfil our purpose and ensure each participating soul is heard.

Nne Agwu aims to be a grounding place where we share our gifts and receive from others. A place where we belong and our presence is affirmed, our spirit is empowered and our psych is strengthened. A place to embed our heritage & construct powerful healing visions as we celebrate, preserve & promote the oral traditions of our storytelling spiritual practice. A permanent home for the Nne Agwu village where we divine the visions of our future:

Come you annointed guardians of mother earth, let's reclaim our purpose our freedom, and our spiritual abundance. Join the Nne Agwu 2023 and Honour the ancestors who protect and guide our ancient stories and our children while honouring Chineke the the divine feminine melanin rich conscious womb of creation. Isé (our will is divine law)



Divinely yours

:El-djeli Chinyere Onwukamuche-Nwaubani.

De Jure Sovereign Sentient Spiritual Being

Concieved from the essence of Chineke

Artistic director Shanti-Chi

Founder of Nne Agwu Village

[info@shanti-chi.com](mailto:info@shanti-chi.com) - [www.shanti-chi.com](http://www.shanti-chi.com)



# Nne Agwu Code Of Conduct

The meditation of the Nne Agwu village is to vision the dawning of a new day so please work with us to honour our soul values: create relationships that are avenues to express our purpose; develop connections that serve our spirit, our community and our ancestors; communicate in an honest and open way with due consideration for others; seek to be divine in all circumstances; show pride in our ancestral lineage and engage with others in a way that positively demonstrates this! Learn the lessons life have to offer with love in our heart and a skip in your step! If you are found breaking our code you will be asked to leave. Isé

- **GIVE THANKS** daily to our ancestors for their protection and guidance
- **NURTURE** each other with love & laughter
- **RESPECT** nature & the surrounding outdoor environment that gives us life
- **BE** responsible for our well-being
- **CARRY** a cleansing pack at all times
- **PLEASE** respect peoples personal space and choices
- **PLEASE** check in when arriving & check out when leaving Nne Agwu village
- **MOVE** mindfully around the village site with care and consideration
- **CHILDREN** must always be attended to
- **CHILDREN** remain the responsibility of their parent(s) / guardian(s)
- **RESPECT** Nne Agwu community & the surrounding community
- **FREE** from alcohol, drugs, smoking, meat, fish, diary, profanity, cussing.
- **DO NOT** cut / break tree branches nor attack the wildlife / farm life etc
- **RESPECT** site property for the village is liable for losses and or damages
- **REMEMBER** we are a community so let's look out for each other
- **MEET PEOPLE** with an open heart and make new friends
- **FULL JOY** this amazing experience!

We do ask that you have a can do will do attitude at all times knowing together we have the ability under all circumstances to find resolutions.

# Information



Please go to **Nne Agwu Welcome & registration desk** as you enter **Nne Agwu** for information, programmes, wristbands, first aid, lost property, bin bags & resolution.

- **GATES OPEN** every morning at **11am**. **GATES CLOSE** every evening at **8pm**.
- **PARK** cars in designated area **ONLY**. Sleeping in cars is a health safety hazard
- **KEEP** the retreat site **clean** and tidy, Clean as you go.
- **USE** designated areas for your rubbish. **BURN** any and all rubbish that can be burnt. **CLEAN** toilet lid, seat & bowl after use. **CLEAN** inside & underneath sink after use, **LEAVE** toilets and showers clean for next user.
- **FIRES** are to be made in designation fire areas only. **FIRES** must always be attended. **DRUMMING** is permitted until **10pm**. **MUSIC** must stop at midnight.
- **TAKE CARE** of your belongings for you are liable for losses and or damages.
- **SUPPORT:** the Nne Agwu traders, selling unique branded memorabilia: water bottles and t-shirts, to help raise funds for the Nne Agwu village, and to raise much funds for Ghana and our permanent storytelling village.
- **PARTICIPATE** in our well designed timetable of workshops, delivered by some of the best artists / facilitators in Britain and even the world.
- **RECEIVE** a healing from our practitioners in our Nne Agwu Well-Being Centre. **PROMOTE** the powerful themes of village: self-love, self-revelation self-actualisation and community spirit. Our practitioners offer a range of ancient holistic healing practices to support the repair of the melanin rich mind, body and spirit, competitively priced. Please book directly with practitioner.
- **ADVANCE** Melanin rich economics at the Nne Agwu Market & support our entrepreneurs to develop networks, stay connected and flourish throughout the year.
- **PLEASE** observe our guidance in the code of conduct. **Thank you!**

# Volunteer Dream Team

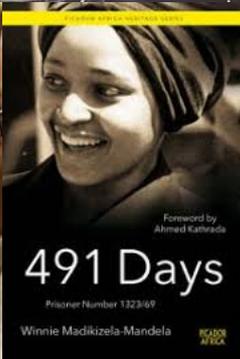


BIG THANKS TO the management dream team: Nkechinyere Nwobani-Akanwo Chair, Sarah Partridge Secretary, James Bickles Volunteer coordinator and site manager, Angie Graham Welcome & Customer Service, El-Djeli Chinyere Founder and Artistic Director of Shanti-Chi and Nne Agwu storytelling village. An extra shout out to Nkechinyere for capturing the Nne Agwu memories, over the years and all our volunteers over the last 12 years. A dedicated & honourable group of divine spirits trained in the art of bushcraft, camping, customer service, team building, community spirit, first aid & mental first aid well being. They come to support the development of the Nne Agwu village vision. Please treat them and each other with love & respect as they share their ancestral gifts with you. Please fully participate in the village vibration by **cleaning as you go**, promote village health and well being. Shake off the western ideology of being served and cloak yourself in ancient philosophy of self love, symbiotic communication and divine connection. Be the one to create a beautiful space where we, melanin rich people hold dignity in our hearts and divinity in our souls as we accept self and honour each other. Daalu xxx - divine thanks



“Self love is the revolution!” El-djeli Chinyere





# Nomzamo Zanyiwe Madikizela

Nomzamo Winnie Madikizela was known to her supporters as the "Mother of the Nation". For she knew how to give 100% unreservedly. Nomzamo was born to a Xhosa royal family in Bizana, and a qualified social worker, she married anti-apartheid activist Nelson Mandela in Johannesburg in 1958; they remained married for 38 years and had two children together.

Born Nomzamo Winifred Zanyiwe Madikizela on 26 September 1936, in Bizana, a rural village in the Transkei district of South Africa, Winnie eventually moved to Johannesburg in 1953 to study at the Jan Hofmeyr School of Social Work. South Africa was under the system known as apartheid, where sentient sovereign Indigenous beings were subjected to a harsh caste system enforced on them by the European invaders who stole wealth, health and social freedom. They created inhumane rules to remain dominate and used inhumane methods to enforce the rules.

Nelson an anti-apartheid activist was routinely arrested for his activities and targeted by the government during his early days of marriage. He was eventually sentenced in 1964 to life imprisonment, leaving Nomzamo to raise their two small daughters, Zenani and Zindzi, on her own. Nonetheless, Nomzamo vowed to continue working to end apartheid; she was involved surreptitiously with the ANC and sent her children to boarding school in Swaziland to offer them a more peaceful upbringing.

Monitored by the invaders, Nomzamo was kidnapped under their unlawful system of oppression masquerading as law to further dominate, Winnie spent 491 days in solitary confinement, where she was tortured daily. Upon her release, she continued her activism and was jailed several more times.

Following the Soweto 1976 uprisings, in which hundreds of melanin rich students were killed by the invading force, Nomzamo was kidnapped by the unlawful government and held hostage in the border town of Brandfort. She described the experience as alienating and heart-wrenching, yet she found the conviction of her principals to continue to speak out, letting her people know: the economy of the indigenous melanin rich sovereign beings has the ability to overturn the system.

In 1985, after her home was firebombed by the outlaws calling themselves government, Nomzamo returned to Soweto and continued to criticize the regime, cementing her title of "Mother of the Nation." Through her sheer will power, motivation and resilience Nomzamo was able to conjure domestic outrage against the apartheid system that held her husband captive. Nomzamo encouraged indigeous artists who travelled internationally to speak out and let the world know of this outrageous regime run by mad people. Her maneuvers generated international outrage, finally paying off with the realse of Nelson Mandela in 1990, after 27 years of imprisonment.

The outlaw government and their media circus were determined to ensure that Nomzamo and Nelson were denied a happy ever after. Orchestrating news headlines and stories to create tremendous social turmoil created irrevocable damage, leading to the inevitable separation of Nomzamo & Nelson in 1992.

In 1993 Nomzamo was elected president of the ANC's Women's League. Then, in 1994, Nelson won the presidential election, becoming South Africa's first indigenous president; though they had a perfectly harmonious system in place before the invaders presidency system. Nomzamo was subsequently named deputy minister of arts, culture, science and technology. The invader still cracking the whip forced Nelson Mandela to collaborate to oust Nomzamo out from her cabinet post in 1995. The couple divorced in 1996, having spent few years together out of almost four decades of marriage.

A family friend confirmed the death, saying, "The Madikizela-Mandela family is deeply grateful for the gift of her life and even as our hearts break at her passing, we urge all those who loved her to celebrate this most remarkable woman."

Mama of the nation Nomzamo Winifred Madikizela Mandela passed on 2 April 2018, in Johannesburg.

# Featured Artists / Facilitators:



**Drew Sinclair**



**El-djeli Chinyere**



**Eli Anderson**



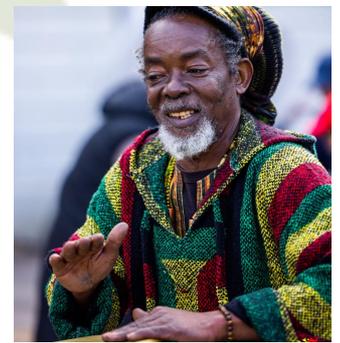
**Sandra A Agard**



**Sola Story**



**Sandra Salazar**



**Ras Happa**



**Asafo Gyata**



**Sheda Holdapoetry**



**Ken McCalla**



**Sister Mut**



**Janelle Oswald**



**Chukwu Nwobani**



**Nkechi Abeng**



**Ian (KMT)**

# Featured Artists / Facilitators:



**El-djeli Chinyere, ORAL TRADITIONALIST**, will interactively deconstruct, ancient knowledge contained in her ancestrally inspired story “Young Song”. About a young girl who learns to express her desires more eloquently than her fears to discover that showing ones powers ultimately leads to freedom. This promises to be a dynamic compelling communication. instagram: [@griotchinyere](#) - [info@shati-chi.com](mailto:info@shati-chi.com) - [www.shanti-chi.com](http://www.shanti-chi.com)



**Eli Anderson, STORYTELLING** Freedom through animation for an Afrikan story. Manifesting purpose, vision dedication require acts of sacrifice and faith in the Ancestors. We will demonstrate how knowlege for Afrikan heritage, provides the tools to explore our relationships and visulise greatness. <https://www.storyaid.uk>



**Drew Sinclair, CHI GONG, Artists & Musician**, Gong stick Chi gong moves that fortify the jing, feminine forces in the deepest energies of the body. Done upon waking they prepare us for our active day. Done before sleep it prespares us for restful sleep. insta: [@drewsinclair973](#)



**Sandra Salazar, FOOD GROWING**, will share the process of seed germination, the various crop growth, the different types of soil and environment that support healthy plant growth. Celebrating Winnie Madikizela Mandela in sharing indigenous principles on natural food growing with honour and love. [@gogrowwithlove](#)



**Ken McCalla, VISUAL ARTS**, Yahw Arts will run 3 workshops covering the theme: Winnie Madikizela Mandela, consisting of an introduction to South African bead work. Inspiration from the bead and Winnie story will guide us to decorate, paint, collect stories, pebbles or wood to create a message in our artwork. <http://www.yahwarts.co.uk>



**Ras Happa, DRUMMING** is a cultural icon, versed in traditional African rhythms, specialising in teaching traditional drum rhythms such as nyahbinghi, mento, kumina and bruckins during his workshops which are highly structured, full of wit, uplifting whilst raising the warrior within. [ketedrum@yahoo.com](mailto:ketedrum@yahoo.com)



**Sandra A Agard, WRITING**. “It dawned on me then that you either had to survive apartheid, or you had to perish with it. And I decided to survive.” Winnie Madikizela-Mandela. A Field of Words, Creative Writing Workshop. seeks to unlocking our creative gems, activating our instincts to discover every day, we are indeed truly amazing. [sandra.a.agard@gmail.com](mailto:sandra.a.agard@gmail.com)

## Personal Notes:



# Personal Notes:



# Featured Artists / Facilitators:



**Janelle Oswald, YP YOGA**, Meet her on the mat (Geb) for Ital Yoga to celebrate the vibrant spirit of Winnie Madikizela-Mandela & learn the principles of Ma'at. This energetic, self-esteem -boosting class is designed to ignite your chi, illuminate your 'light' & reconnect you to the power of "I Am." Stretch and breathe into your greatness. [janelleoswald79@gmail.com](mailto:janelleoswald79@gmail.com)



**Sola Story, STORYTELING** - The 3 interactive workshops called "Remembering Nomzamo Winnie Mandela Remembering ourselves." will help us experience a powerful journey into sacredness of our community using Ngoma (movement), Manyamas (animal forms), sababu (reasoning) and Emi (breath). insta: [@solastory](https://www.instagram.com/solastory)



**Sister Mut, CEREMONY**, will give an interactive presentation & workshops inspired by the life and times of Winnie Madikizela Mandela called The Freedom Ritual - Part 1: The Healing Spirit of The Mother of a Nation, Part 2: The Ancestral Warriors Path, Part 3: Freedom Ritual: Celebration of Creation. insta [@urbangoddesevolution](https://www.instagram.com/urbangoddesevolution)



**Chukwuxavier Nwobani-Akanwo, DIGITAL ASSESTS**, the CEO of Aurora Digital Investments. We specialise in consulting, educating and providing our clientele with streams of passive income through digital assets such as crypto currency. Chukwu will facilitate an interactive workshop focused on financial literacy in digital assets. insta: [@auroradigitalinvestments](https://www.instagram.com/auroradigitalinvestments)



**Sheda, POETRY** founder of Hold a Poetry, will offer poetry performance workshops. Winnie Mandela changed, maintained and enforced a nation to respect her, her values, her husband and her people. Would you have done the same? Journey through her mission through the process of conversation in poetry. Words that matter in their rightful place. insta: [@sheda2574](https://www.instagram.com/sheda2574)



**Asafo Gyata, KAZIMBA**, Rhythms, Movement, Poetry, Songs and Stories are at the heart of Ka-Zimba Ngoma, passed down by the ancestors and elders. Supporting the theme of honouring the life and journey of the 'Great' Winnie Mandela we will be focusing our practise on 3 key areas that we feel deeply relate to her life...Resistance - Resilience - Rebirth. Email: [asafogyata@gmail.com](mailto:asafogyata@gmail.com)



**Nkechi Abeng, ADULT YOGA** is a balanced state of the body , emotions and mind (thoughts) achieved through breathing, extending the bodies range of movement, enabling the muscles and joints to relax and extend whilst both moving the body and holding it still in specific poses. Doing all of this also improves concentration and focus. Contact details: [Altcentre4000@gmail.com](mailto:Altcentre4000@gmail.com)



**Ian Solomon Kawall HIP HOP**, Fear of the Green Planet is a participatory music workshop in raising awareness for a multitude of social issues through the powerful words and rhythms of Hip Hop music. Ian also will provide dj skills for our Friday morning dance out. Email: [team@mayproject.org](mailto:team@mayproject.org)

# Nne Agwu Memories



# Nne Agwu Activities:

## Monday 25th July 2022

Bring healthy snacks and juices for your arrival.

### 11am - 3pm

Arrival, Registration and set up. Give yourself time to find a good spot to organise yourself for the the next 5 days. We always advice you put your tent up before you arrive. Just give it ago.

### 3.30 pm - 5pm

Housekeeping: where everything is in the village, how to keep yourself and family safe, overview of programme and review the Nne Agwu code of conduct so we all be on the same page.

### 5.30pm - 7pm

Dinner: Our caterers will provide healthy tasty delicious food or you can prepare your own. It is essential everyone attends the opening ceremony.

### 8pm - 10pm

Opening ceremony: Griot Chinyere Drum Call, Libation for liberation, brining in the energies of harmony, balance reciprocity, propriety, justice, order, honesty, truth and love to feed our souls during our time here. Performance of Nne Agwu story and learning Nne Agwu song!

A time to connect with other villagers and calling the spirit of Winnie Madikizela Mandela. Giving thanks ceremony!

### 10.30 - midnight Fire Side

All Open Jam around the fire led by Drew Sinclair with music from the collective

Sleep well and deep and dream divinely connecting to the beautiful of infinite possibilities.

Find time to walk the **Zanyiwe Story Trail** leading you to the shrine honouring - The Mother of a Nation. Affirm our divinity. Ise!

## Tuesday 26th July 2022

### 6am - 7.30am

**Adult** Yoga: Nkechi Abeng OR  
**YP & Adults** Martial Arts: Asafo Gyata

### 7.00am -

BREAKFAST Begins

### 8.00am -9am

**YP & Children** Yoga: Janelle Oswald OR  
Family Food growing Sandra

### 9.30 - 11am

**ALL** Remembering...: Sola Story OR  
**YP& Adult** Freedom ritual prt 1: Mut

### 11.30am - 1pm

**YP& Adult** Young Song workshop  
Griot Chinyere & Eli Anderson

### 1pm

LUNCH starts

### 3.00 - 4.30pm

**ALL** Visual Art Ken McCalla OR  
**YP& Adult** Writing Workshops: Sandra Agard

### 5.00 - 6.30pm

**ALL** Drumming: Ras Happa OR  
**YP& Adult** Crypto-story Chukwu Nwobani-Akanwo

6pm DINNER starts

### 8.00 - 9.30pm

**ALL** Traditional Storytelling and music performances with Eli Anderson, Sola Story, Asafo Gyata

### 10pm - midnight

Fire Side

**ALL** Chi Gong around the fire facilitated by Drew Sinclair with music from the collective

### Midnight

**YP & Adults** Meditation walk: Griot Chinyere

**NB:** Parents / Guardians are responsible at all times for their children. **All** workshops are family orientated unless otherwise stated. YP young people. Programme is subject to change.

# Nne Agwu Activities:

## Wednesday 27th July 2022

**6am - 7.30am**

**Adult Yoga:** Nkechi Abeng **OR**

**YP & Adults** Martial Arts: Asafo Gyata

**7.00am -**

**BREAKFAST** Begins

**8.00am -9am**

**YP & Children** Yoga: Janelle Oswald **OR**

**Family** Food Growing Sandra

**9.30 - 11am**

**YP & Children** Remebering... Sola Story **OR**

**YP& Adult** Freedom ritual prt 2: Mut

**11.30am - 1pm**

**YP & Adults** Young Song workshop

Griot Chinyere & Eli Anderson

**1pm**

**LUNCH** starts

**3.00 - 4.30pm**

**ALL** Visual Art Ken McCalla **OR**

**YP & Adults** Writing Workshops: Sandra Agard

**5.00 - 6.30pm**

**ALL** Drumming: Ras Happa **OR**

**YP & Adults** Poetry: Sheda Holdapoet

**6pm**

**DINNER** starts

**8.00 - 9.30pm**

**ALL** Traditional Storytelling and music

performances with Sandra A Agard, Griot Chinyere, Sheda Holdapoet

**10pm - midnight**

Fire Side

**All** Chi Gong around the fire facilitated by Drew

Sinclair with music from the collective

**Midnight**

**YP & Adults** Meditation night walk: Griot Chinyere

## Thursday 28th July 2022

**6am - 7.30am**

**Adult Yoga:** Nkechi Abeng **OR**

**YP & Adults** Martial Arts: Asafo Gyata

**7.00am -**

**BREAKFAST** Begins

**8.00am -9am**

**YP & Children** Yoga: Janelle Oswald **OR**

**Family** Food Growing Sandra

**9.30 - 11am**

**YP & Children** Remebering... Sola Story **OR**

**YP& Adult** Freedom ritual prt 3: Mut

**11.30am - 1pm**

**YP & Adults** a crypto story Chukwu Nwobani-A

**OR ALL** Storytelling Eli Anderson

**1pm**

**LUNCH** starts

**3.00 - 4.30pm**

**ALL** Visual Art Ken McCalla **OR**

**YP & Adult** Writing Workshops: Sandra Agard

**5.00 - 6.30pm**

**All** Drumming: Ras Hoppa **OR**

**YP & Adults** Poetry: Sheda Holdapoet

**6pm**

**DINNER** starts

**8.00 - 9.30pm**

**All** Traditional Storytelling and music performances with

Drumming with Ras Happa, Hip hop with Ian Plus more...

**10pm - midnight**

Fire Side

**All** Open Jam around the fire led by Drew Sinclair

with music from the collective

**Midnight**

**YP & Adults** Meditation night walk: Griot Chinyere

**NB:** Parents / Guardians are responsible at all times for their children. **All** workshops are family orientated unless otherwise stated. **YP** - young people. **Programme is subject to change.**

# Nne Agwu closing:

**Friday 29th July 2021**

**7am - 10.30am**

**ALL** Dance at dawn with DJ Ian

**8am - 10am** BREAKFAST

**11am - 2pm**

**ALL** Closing ceremony: Griot Chinyere  
All who can drum to be part of the Call, Libation for liberation, Giving thanks to the spirit of Winnie Madikizela Mandela. Performance of Nne Agwu story as a village and singing Nne Agwu song!

**2.30pm - 5.30pm**

**ALL** Clean up, Pack up  
Hug up, Kiss up  
Collect contact details for new and old friends.

**6pm ALL** home time

**Everyone** must attend the closing ceremony to ensure the energy gathered during this sacred time at Nne Agwu village is sealed properly so we are able to carry the healing gained, forward when we each enter other spaces and connect with other frequencies. The closing is to support us to maintain the vibration as an individual and as a collective force.

**The closing ceremony is essential.**

SO please hold off packing during the closing ceremony.

**Remember**

Melanin rich is the great gift  
Wear it with gratitude  
Wear it with attitude  
As we walk our path with purpose  
Divinely yours  
Love and hugs

**NB:** Parents / Guardians are responsible at all times for their children. **All** workshops are family orientated unless otherwise stated. **YP** - young people. **Programme is subject to change.**

# Nne Agwu Village 2021



# Self love with delicious food

Award Winning "**Kye's Healthy Choices** is the brainchild of Shani & Jeff. Our mission is to share our knowledge and love of wholesome, healthy vegan food and drinks with those seeking a healthier way of life. All our products are made with love and wholesome ingredients to the best of our ability. We deliver a fusion of different flavours from our caribbean heritage. Come see our menu!



**Ayoolas Fruit Of Life** will provide delicious raw vegan foods. Winnie Mandela grew up on a healthy wholesome diet of indigenous foods from the land, giving her a great foundation of health, strength and the confidence to fight. Our raw food dishes allow you: leaders, parents, carers & children; to focus your energy productively to experience how the vibrant flavours of plant power gives vital super hero energy to encourage a purposeful life. insta: [@ayoola\\_fruitoflife](https://www.instagram.com/ayoola_fruitoflife)



**Akara Cakes** provide 100% vegan ital cakes, sweets and treats custom made for all occassions. We make delicious cakes, cupcakes, cookies, brownies, raw treats and savories too. We pride ourselves in catering for all dietary needs including gluten and soya free options available. All ingredients used are unrefined and the most natural options. Made with love. email: [akaracakez@gmail.com](mailto:akaracakez@gmail.com)



# Well-Being & Stalls

- **Mara Livermore** is a strategic coach, guide and healer who works to help others become good ancestors at House of Sweetwaters and Oshuwe. Readings provide a unique combination of ancestral and personal strategic guidance to leave you feeling confident and clear about your path forward. Readings start from £10. [@\\_maraelizabeth](#)
- **Akua Boucher** has been an holistic massage therapist for 12 years and will provide back and shoulder, feet, head and full body treatments tailored to the individual needs using her knowledge of various techniques ranging from and not limited to swedish massage, thai massage and deep tissue therapy: 15mins - £15; 30mins - £25; 60mins - £45. [mt\\_boucher@yahoo.co.uk](mailto:mt_boucher@yahoo.co.uk)
- **Bouabti Fahkara** is an experienced and qualified clairvoyant, tarot card reader, cowrie shell and stones diviner. These are mediums used to connect with an individuals ancestors and other energies around them to assist on a health physical and spiritual level. These ancient methods gives guidance, clarity and understanding on past and current situations therefore bringing balance, harmony and healing to the individuals life. [www.bouabti.com](http://www.bouabti.com)
- **Kandake's herbals**, [www.instrumentalhealth.co.uk](http://www.instrumentalhealth.co.uk) offers top quality products for all types of ailments. Medically and traditionally trained, she offers holistic consultations at a discounted rate during the Nne Agwu storytelling village. For traditional knowledge, the Earth Centre's dogon [www.theearthcenteruk.com](http://www.theearthcenteruk.com) offer products on the same stall. The chance to learn about the Kemetic culture.
- **Nne Agwu** sells exclusive branded retreat memorabilia: water bottles & t-shirts, to capture these magic moments while also raising funds to journey to Ghana. You can also order at our online shop [www.shanti-chi.com](http://www.shanti-chi.com) - [info@shanti-chi.com](mailto:info@shanti-chi.com)
- **Matiga** will be selling a small selection of Crystals grown in the depths of the earth. Find out how crystals can bring the gift of nature's peace to your well-being. [networkmatiga@hotmail.co.uk](mailto:networkmatiga@hotmail.co.uk)
- **Ankh Well-Being Centre** Natural Body products, Organic foods, Herbs and Supplements and books. [@ankhwellbeingcentre](#)
- **NiKaDeluxNatural** skin care products made with organic and fairtrade vegetable oils and butters. [nikadelux@gmail.com](mailto:nikadelux@gmail.com)
- **Joanne Ramsey** sells her own hand poured soya candle and wax melts with various scents. She can gift wrap tea light holders and oil burners. [www.jashanti.com](http://www.jashanti.com)
- **Joan Williams** is highly skilled & has been a chiropodist / podiatrist for 20 years: tackling hard skin, cracked heels, corns, nail fungus, thicken nails, ingrowing nails & verrucas, finishing with a relaxing healing foot massage. PRICES: £30 for 30 mins - £50 for 60 mins.



# Nne Agwu Children



# Shanti-Chi coming events

## Yo Yo Yo FUTURE PLANS:

### Great uprising, Nne Agwu visits Ghana 12th to 25th September 2023.

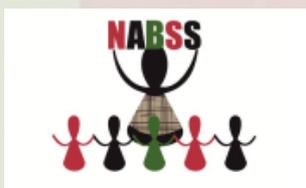
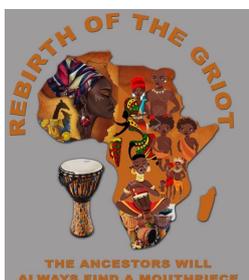
Shanti-Chi with your support is taking our melanin rich Storytelling family retreat to the motherland. Yes come on, be part of our historical event. Have you heard about the plans they have for us in this country. Burn that and come. The cost, approximately £2700 for 2 weeks stay in a beautiful forest exclusively for the Nne Agwu participants. Price includes, flight, transfer from airport in Ghana, accommodation, access to all: talks, lectures, performances, workshops, activities, artists, facilitators, excursions & a place to call home. This melanin rich experience is spiritual. Let this be the first step to repatriating to the motherland with a community.

Shanti-Chi's will do can do attitude with trained & experienced expedition leader El-djeli Chinyere, at the helm is doing a 2 day sponsored walk along the Jurassic Coast Britain to raise funds to: 1. take the festival to Ghana and 2. support the permanent resettlement of the Nne Agwu storytelling village. Please accept our invitation to join the walking adventure and help raise money, resources, energy, community for this beautiful vision given to us by our ancestors.

- Register your interest email [info@shanti-chi.com](mailto:info@shanti-chi.com) - **NOW!**
- If you would like, please donate here <https://www.shanti-chi.com/sponsor-the-festival>
- **We will be having regular** Wednesday Zoom meetings through August for discussion & further information
- Download sponsorship form - ask family, friends, work colleagues, local shops & businesses, all those you have supported for years to sponsor you
- Let's create an agreed monthly payment plan
- **FULL PAYMENT** by 1st JUNE 2023
- Plan to be successful (if you fail to plan then you plan to fail)
- melanin rich is the great gift, wear it with attitude, wear it with gratitude!

**Wishing togetherness on the MOTHERLAND Isè!**

# Sponsors and Supporters



**BIG THANKS to:** Chineke womb of creation, our Supporters, Sponsors, Stake holders, Contributors, Nne Agwu, Dream-team, Artists, Facilitators, Volunteers. Rebirth of the Griot, Kuumba Nia Arts, AyoolasFruitoflife, NABSS, Euton Daley, Sheageniuis, GOTKTV, Galaxyafiwe, BB3D Media, Shanti-Chi, AGA Tours, Jolivette Anderson-Douoning & very importantly You, Your Ancestors & Your energy! Your participation enables ourstory to create powerful positive new chapters in our DNA. As we *inspire visions with our oral traditions!*

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